

# Unsafe Sleep in KY

- In Kentucky, every five days an infant dies with a sleep-related risk factor.
- In Kentucky, an infant is 70 times more likely to die from unsafe sleep than from a motor vehicle accident.
- Less than half of people surveyed in Kentucky said they were aware of the ABCs of Safe Sleep.
- In 2013, 90.5% of sudden unexpected infant deaths had at least one sleep-related risk factor documented.
- Over half (54.8%) of the sleep-related deaths in 2013 had bed sharing documented.
- From 2009 to 2013, the percentage of soft bedding and other hazards (pillows, blankets, toys...) in the sleep area increased 165% among the sleep-related deaths.
- The most common sleep-related risk factor identified was infants being placed on a surface not designed for infant sleep (couch, recliner, adult bed...).

